# IHS delivers school-based health services in East Hartford and Bloomfield, CT.

#### Goodwin University Magnet School System

Riverside Magnet School: School Nursing, Behavioral Health, Medical, and Dental Services

Connecticut River Academy-Middle School: School Nursing and Behavioral Health Services

Connecticut River Academy-High School: School Nursing, Behavioral Health, Medical, and Dental Services

#### **Bloomfield Public Schools**

Carmen Arace Intermediate and Middle Schools: Behavioral Health Services and Health Education





During academic year 2022-2023, IHS implemented comprehensive school-based medical, behavioral, and dental health services with the support of funders, including the School Based Health Alliance, Goodwin University Magnet Schools, and the Hartford Foundation for Public Giving.

## **Executive Management**



Sherry Linton-Massiah, CEO

"At IHS we are committed to delivering high quality services to improve the health and well-being of scholars and their families."



Jill Holmes Brown, COO

"As an advocate for students who are not able to readily access comprehensive and preventative services, I hold a sense of stewardship and responsibility to addressing barriers to care for children state-wide.

### **Board of Directors**

#### Officers

Doug Edwards, IHS BOD Chairperson Kareen Wilson, RDH, MS, IHS BOD Secretary Jeffrey Walsh, CPA, IHS BOD Treasurer

#### Members

Matthew Cholewa, JD
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Joe Murphy, CFP
Laura M. I. Saunders, Psy.D. ABPP
Yanira Nazario, Notary Public
Stepanie Begen, MEd, MACP



What the scholars are saying about IHS:

"The best thing about the SBHC is that you will always leave feeling a lot better whether it be mentally or physically."

"If I feel there is something wrong in my mouth, the dental team is always quick to see me and fix the issue."

"I know how to manage the way I think so I can have a better day."



Building Capacity:
Connecting Health, Education, and Community

Integrated Health Services 2023 Impact Report

## **Organizational Overview**

#### Mission Statement

At Integrated Health Services (IHS), our mission is to improve student, family, and community wellness by providing equitable access to school-based behavioral health, medical, and dental care.

#### Vision Statement

To be a premier leader in creating innovative approaches to improve health and wellness outcomes.

#### Purpose Statement

IHS provides evidence-based comprehensive and preventative healthcare services in school settings to the full age continuum of students, including preschoolers, school-age children, and adults. The SBHCs yield measurable improvements in students' behavioral, physical, and dental health outcomes, and reduce the amount of out-of-school time to address healthcare needs.



To learn more about Integrated Health Services, and support our work, visit our website here:



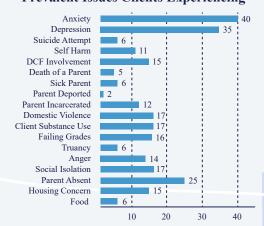
## IHS School-Based Health Center Utilization: Academic Year 2022-2023

Behavioral health and dental services remain in high demand, and are challenging to access in provider shortage areas. IHS provides access to those vital services.

#### Behavioral Health







#### Story Behind the Data: Impact of Behavioral Health Services

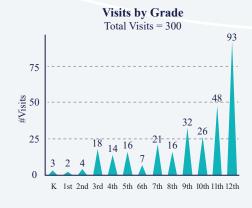
#### **Student Satisfaction Reports:**

- Students report having a trusted adult makes them more likely to come to school.
- Improved peer relationships
- Improved communication with family members
- Increased ability to manage difficult situations
- Improved self-image

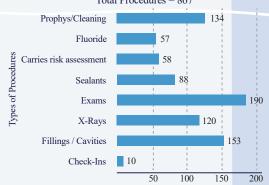
#### **Clinical Observations**

- Improved outcomes in suicide ideation and attempts
- Improved relationships with peers
- Reduced self-harm
- Increased skills to manage difficult emotions
- Increased knowledge of harmful effects caused by excessive
   Marijuana use

#### Dental Health



## Procedures Completed Total Procedures = 867



### Story Behind the Data: Impact of Dental Services

- New Caries Risk Assessments helped assist IHS hygienist's communication with students, parents, and external dentists about preventative care needed.
- New dental equipment, to include digital x-ray, enabled efficient record sharing with dental referrals
- Improved work and school attendance noted by parents
- Students report improved focus
- Referred students and families to state dental insurance program, HUSKY, for coverage to promote on-going care
- Assisted with coordination of scheduling and transportation to local endodontists, orthodontists, and oral surgeons